

Coronavirus COVID-19

Do you need help?

Help available



Good
neighbour

Who can be helped

People who are self
isolating who have a
good network of family,
friends and neighbours

What we can do for you

Family, friends and neighbours can help by doing
your shopping, picking up medicines and staying in
touch. They must make sure that they come no
closer than 2 metres. Check out the guide at
www.bradford.gov.uk/coronavirus

Help available



Community hub
volunteer

Who can be helped

People who are self
isolating but don't
have family or friends
who can help

What we can do for you

Call our helpline number on 01274 431000 or visit
www.bradford.gov.uk/coronavirus and we will connect
you with local community groups and volunteers who
will be able to help. The contact centre is open: 8am –
6pm Mon to Fri and 10am – 4pm Sat and Sun

Help available



Adult
social care

Who can be helped

People who are already
receiving Adult Social
Care support services, or
who have recently been
referred to our services

What we can do for you

You will still receive the support we already provide
for you, or if you have recently been referred, our
team will be in touch with you to assess what
support you may need

Help available



Shielding
measures

Who can be helped

Extremely vulnerable
people already
identified by the NHS
as being high risk

What we can do for you

You will be contacted by the NHS about the support
available for you and what action you may need to
take. If you are not sure if your medical condition
makes you very vulnerable, you can register here
www.gov.uk/coronavirus-extremely-vulnerable

Stay at Home

Save Lives

Protect the NHS

People Can make a
difference